
ACTION PLAN FOR: _____
(student's name)

THE USUAL PROCEDURE FOLLOWED AT SCHOOL FOR A STUDENT'S
ASTHMA IS:

1. Allow student to use his or her prescribed asthma medication with assistance given as needed.
2. Encourage student's relaxation (ie slow, deep breathing, sipping warm fluids).
3. Stay with student; monitor for symptoms.
 - a. If symptoms decrease within 15 mins. after taking medication, student may return to class.
 - b. If symptoms remain beyond 15 mins. after taking medication, parent/guardian will be contacted. The nurse will attempt to contact physician for orders.
 - c. If symptoms increase in severity, 911 will be called.

If you want additional help given, or have other concerns, describe here:

X _____
PARENT/GUARDIAN SIGNATURE **DATE**

*****REMEMBER TO ADVISE THE SCHOOL IMMEDIATELY OF
 CHANGES IN PHONE NUMBERS, ADDRESS, EMERGENCY
 CONTACT PERSONS, DOCTOR OR MEDICATIONS.*****